

## Tri-County Mental Health Services Announces Board Members

LEWISTON- Tri-County Mental Health Services (TCMHS) is pleased to announce the appointment of Jeffrey Barkin, M.D., DFAPA, of Portland as president of its Board of Directors, the appointment of Walter Riseman of Harrison, to the position of treasurer, and the continued tenure of John Geismar, of Minot, as Vice President, and Mary Ellen Davis, of Lewiston, as secretary of the board. Tri-County also appointed four new board members: Stephanie Gelinas of Lewiston, Giselle St. Amand of Gray, Muhidin Libah of Lewiston, and Jane Cantral of Lewiston.

Dr. Jeffrey Barkin, M.D. is a Yale trained, Board Certified general and geriatric psychiatrist with expertise in neuropsychiatry and psychopharmacology. Dr. Barkin serves as Associate Medical Director of Goold Health Systems, a Change Healthcare company, and as Medical Director of Cornerstone Behavioral Health. He practices forensic and clinical psychiatry in Portland, and has experience in healthcare policy analysis. Dr. Barkin joined the Tri-County Board in 2015, serving most recently as the treasurer of the Board.

Walter Riseman is a resident of Harrison. He has had a long career in financial oversight, serving first as Director of Finance and then as Chief Financial officer for Community Concepts, Inc., in Lewiston, where he worked for more than 20 years. A graduate of Babson College, Riseman now runs his own business, WRAssociates, which provides small businesses with expertise in numerous areas of business start-up and growth. He also serves as a substitute teacher for SAD 17 and has been a volunteer counselor for Oxford Hills SCORE.

John Geismar, Esq. is an attorney in the Lewiston office of Norman, Hanson & Detroy. Geismar has been a member of the Tri-County Board for many years and has served as both president and vice president in the past. Mary Ellen Davis has been an advocate for mental health services for many years and became a member of the Tri-County Board in 2010. Since joining the Board, she has lent a strong consumer voice to the board and its work. She also uses her extraordinary singing voice to support the agency's services and efforts to reduce stigma at the annual Inspired Voices Benefit Concert held in June.

In addition to the appointment of new Board leadership for 2017-2018, Tri-County welcomed four new board members to its community.

Newly appointed members of the Tri-County Board of Directors are:

1. Stephanie Gelinas, a well-known leader in the Lewiston community, who is a resident of Lewiston and the founder and Director of Sandcastle Clinical and Educational Services. Gelinas is an active member of the Lewiston community serving on the Board of Directors for the Lewiston Auburn Metropolitan Chamber of Commerce and as a Leader at Pathway Vineyard Church.
2. Giselle St. Amand is a graduate of the University of Southern Maine and TD Bank store manager with more than 20 years of banking experience. St. Armand is looking forward to working with Tri-County and bringing her background of banking and involvement with the front-line of Lewiston/Auburn to the Board.
3. Muhidin Libah is the executive director of the Somali Bantu Community Association of Maine. Libah is responsible for the oversight of the non-profit organization, which has as its mission

to assist the Somali Bantu refugee community to transition to their new lives and home here in Maine.

4. Jane Cantral is a committed advocate for those dealing with behavioral health issues, is an active member of the Lewiston community and a talented performer who shared her talents in the 2017 performance of Inspired Voices.

The complete roster of Tri-County Mental Health Services for 2017-2018 is: John Geismar, vice president, Minot; Mary Ellen Davis, secretary, Lewiston; Steven P. Johndro, Poland; Eric Samson, Auburn; Jane Cantral,; Lewiston; Muhidin D. Libah, Lewiston; Lorrie Marquis-Evans, Lisbon; Giselle St. Amand, Lewiston; Charles Bernacchio, Falmouth; Jeffrey S. Barkin M.D., DFAPA, president, Portland; Walter Riseman, treasurer, Harrison;

Tri-County Mental Health Services is Maine's most comprehensive agency dealing with the psychological and social well-being of children, adults, and elders, serving more than 5,000 people each year. For more than 65 years, Tri-County has provided innovative programs and services addressing mental health, substance-use disorders, developmental disabilities, and more. Its philosophy of building toward recovery and sensitivity to traumatic experiences of consumers gives hope to individuals, families, and communities in Androscoggin, Northern Cumberland, Franklin, Oxford and York counties.